Joseph of Panephysis

(4th – 5th Centuries)

BRIEFING

Joseph of Panephysis, Joseph of Panepho, or Joseph the Anchorite was an Egyptian Christian monk who lived around the 4th and 5th centuries in the desert of Lower Egypt. He was one of the Desert Fathers and was a contemporary for Abbas Poemen and Lot, who sometimes consulted him.

BIOGRAPHY

Joseph was born in Thmuis, Egypt and lived as an anchorite in Panephysis in eastern Egypt. There, he was visited by John Cassian, who mentioned him in the *Conferences*.

VENERATION

He is venerated as a saint in the Eastern Orthodox Church and in Coptic Orthodox tradition. His feast day is on 17 June.